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## ABSTRACT OF THE DISCLOSURE

A lightweight orthopedic brace having no rigid structural elements is constructed from flexible material and is designed primarily to provide for restriction of rotational movement and translation about the target joint by providing flexible bracing members which wind in a circumferentially spiraling manner about a target joint to provide active resistance to axial rotation and translation in the joint. The embodiments of the invention disclosed here provide improved means for placing the invention on the body about a joint, improved means for attachment of bracing members to bracing member supports and improved means for adjusting the length of bracing member to selectively provide for restriction of rotational movement about the target joint.